

FRESH SANDWICHES



Vegemite OR Jam Sandwich	\$2.50
Cheese OR Ham Sandwich	\$3.00
Ham & Cheese Sandwich	\$4.00
Cheese & Tomato Sandwich	\$3.50
Ham, Cheese & Tomato	\$4.50
Tuna Sandwich	\$4.00
Tuna, Lettuce & Mayo Sandwich	\$4.50
Chicken Breast Sandwich	\$4.50
Chicken, Lettuce & Mayo Sandwich	\$5.00
Chicken, Cheese & Mayo Sandwich	\$5.00
Salad Sandwich	\$5.00
Any Meat & Salad Sandwich	\$6.00
Gluten-Free Bread	+\$1.00
Upgrade to a Wrap	+\$1.50

HOT FOOD ITEMS



Toasted Cheesy Roll	\$3.50
Home Made Sausage Roll	\$4.00
Spinach & Ricotta Roll V	\$4.50
Hot Dog	\$4.50
Chicken Hot Dog	\$4.50
Meat Pie	\$5.50
Chicken Nuggets x 6	\$5.50
Sushi (Mon to Wed only)	
Tuna / Vegetarian	\$5.50
Chicken Noodle Cup	\$4.00
Gluten-Free Nuggets x 6 GF	\$6.00
Beef Burger with Cheese	\$5.50
Crumbed Chicken Burger with Cheese	\$6.00
Sauce portion	\$0.50

SPECIALTY WRAPS & SALADS



Chicken Caesar Wrap <i>(Grilled Chicken, Cos Lettuce, Cheese, Ham & Caesar Dressing)</i>	\$7.50
Peri Peri Chicken Wrap <i>(Chicken Breast, cheese, mixed leaf, red onion with Peri Peri sauce)</i>	\$7.50
Vegetarian Wrap <i>(Baby spinach, Carrot, Cucumber, Red Onion, Tomato & Hummus)</i>	\$7.50
Garden Salad	\$6.00
add Meat <i>(Chicken, Tuna or Ham)</i>	\$7.50

FRESH START CANTEENS - ORDER ONLINE & REMINDERS

All online ordering can be done through Flexi schools. To register go to: Flexischools.com.au

Cut off time for online lunch orders is 9:00am or placed over the counter by 9am.

All products are Halal except pork-based products

Please note: Noodle cups & Ice blocks are to be collected from the canteen by the student.

HOT MEALS



Butter Chicken & Rice GF	\$6.00
Spaghetti Bolognese	\$6.00
Nachos with Salsa, Meat & Cheese	\$5.50
Beef Lasagne	\$6.00
Meatball Pasta	\$6.00
Sweet Chilli Chicken & Rice GF	\$6.00
Gluten Free Spaghetti GF	\$6.50

SPECIAL OF THE WEEK - Advertised \$6.50
Look out for our Wednesday ONLY special that will be advertised through the school by the canteen!

SNACKS & DRINKS



Popcorn	\$1.00
Muffin	\$2.00
Frozen Juice Cup	\$2.00
Assorted Fresh Fruit	\$2.00
Banana Bread	\$3.50
Ice Mony Ice Block	\$2.50
Red Rock Chips	\$2.50
Fruit Salad Cup	\$4.00
Water	\$2.50
Popper 100%	\$2.50
Oak Flavoured Milk	\$3.50
Groove Drink	\$3.50

Fresh Start Canteens